



Private, Semi-private and Group Lesson In-Studio Pricing

Twisted Dog Yoga offers private, semi-private and group lessons to our community. These classes are fully customizable and taught by a TDY teacher in our studio, offering personalized instruction. You can choose from a one-on-one session, a session with up to 4 friends / family members or a larger private class for just you and your group. Expand your practice, focus on recovering from injury or trauma or share the experience with your co-workers, friends and loved ones!

Studio Private Lesson

\$75 (60 minute lesson)

\$105 (90 minute lesson)

- Includes a 60 or 90-minute customized yoga class with a TDY teacher, with personalized instruction just for you
- One-on-one session
- Focus on any area of your practice with individualized attention
- TDY Monthly Unlimited Members receive 10% off the private lesson rate

Studio Semi-Private Lesson

\$125 (60 minute lesson)

\$155 (90 minute lesson)

- Includes a 60 or 90-minute customized yoga class with a TDY teacher, with personalized instruction for up to 4 people
- Great for a small group of friends or for a family to experience yoga together
- TDY Monthly Unlimited Members receive 10% off the private lesson rate

Studio Group Lesson

\$175 (60 minute lesson)

\$225 (90 minute lesson)

- Includes a 60 or 90-minute customized yoga class with a TDY teacher, with personalized instruction for up to 12 people, each additional \$10
- Gather your co-workers, friends and family to enjoy a private yoga class together
- TDY Monthly Unlimited Members receive 10% off the group lesson rate

Twisted Dog Yoga Parties and Events are also available in studio or in the privacy of your own home.

Visit our website to view our upcoming special series and workshops, as well as classes (including kids yoga, chair yoga, prenatal, restorative) and to *pre-register online!*

New to Twisted Dog Yoga?

**Sign up with our New Student Special
\$30 for 30 days of unlimited classes!**

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